

Children's Miracle Network Hospitals (CMNH)



This year the Capital District Key Club has changed their District Project to Children's Miracle Network Hospitals.

What is the Children's Miracle Network Hospitals (CMNH)?

Children's Miracle Network Hospitals (CMN Hospitals) is a nonprofit organization that raises money to benefit hospitalized kids while increasing awareness of its member hospitals. All CMN Hospitals contributions directly benefit hospitals, helping to purchase up-to-date equipment, train staff, conduct life-saving research, implement outreach programs and provide health care for children whose parents can't afford to pay.

Where are the Children's Miracle Network Hospitals (CMNH) in the Capital District?

John's Hopkins Children's Center
Baltimore, Maryland

Children's National Health System
Washington D.C

University of Virginia
Charlottesville, Va

Children's Hospital of The King's Daughters
Norfolk, Va

Children's Hospital of Richmond at VCU
Richmond, Va

Centra Lynchburg General and Virginia Baptist Hospitals
Lynchburg, Va

Carilion Children's
Roanoke, Va

Project Ideas for Key Clubs:

Stalling for Spare Change: The more money the school raises, the longer class is stalled for that day. So classes will be delayed 1 second for every \$.50 raised. If the school raises \$1,000, that is 2,000 seconds (33 minutes and 33 seconds).

Music Lessons for Miracles: Kids that can play certain instruments offer to teach other students for a donation to the hospital.

Fashion Show/Auction: Get clothes donated by students, families, etc. (like prom dresses, or even regular clothes) and have patients from hospitals model them. Another version of this could be a "Men's Fashion Show."

Movies for Miracles: Host a movie night in the gym or on the football field. You can't require tickets or donations for the movie (copyright laws), however you can ask for donations and/or sell concessions for cash. A school could also do a movie making contest where each entry pays an entrance fee and then attendees are judges.

Other Project Ideas

- Pageant for Miracle Kids.
- Cook off/eating contest.
- Making and selling trinkets like bracelets and earrings.
- Sports tournament – soccer, dodgeball, tennis, etc.
- Rubber duck race.
- 5K fun run.
- Miracle Day at a local business – restaurant, store, etc. donates a percentage of sales during a period of time to the local hospital.
- Miracle concert using local bands and/or student performers.
- Used toy sale – items donated by students and sold at a garage style sale.
- Biking for bucks – have students decorate their bikes and do a bike parade/5k. Each entry must pay entry fee and raise a specified amount for the local hospital to participate.
- Carnival for kids.
- DJ showdown – have local amateur DJs enter a showdown. Local radio stations can sponsor and attendees pay cover charge to enter plus DJ pays to play.
- Talent show – can be done as a multi-stage competition with a grand prize at the end.
- Miracle passes for pay – for every set amount raised, the student get a pass for a homework assignment or pop quiz.
- Special dress day – if the school requires a uniform, pay to wear jeans or if there isn't a uniform policy, pay to wear pajamas or silly hats, etc.