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D.C. Maryland Virginia Delaware

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#### Table of Contents

Pages 3-6: Meet the

**Executives** 

Page 7: Fall Rally

Page 8: Back to School

Page 9: District Highlights

Page 10: Vision Partners &

Co Sponsors

Page 11: Preferred Charities

Page 12: International

Convention

Recap

Page 13: District

Convention

Recap

Page 14: Youth Opportunities

**Fund Grant** 

Page 15: **K-Family Month** 

Page 16: Closing



#### Governor Danny Inglis

Hello Key Clubbers!

My name is Daniel Inglis and I am serving as the 2016-2017 District Governor for the Capital District of Key Club Inter-

national. I am a senior at Winters Mill High School in Division 7B. I am a member of the National Honors Society, the National Art Honors Society, and Best Buddies. My absolute favorite musical artist is Sara Bareilles and I love travelling, singing, and drawing. I am so honored that I am able to serve you this year and if you need me for anything, please do not hesitate to email me at inglisdan10@gmail.com for questions, or concerns.

Yours in Service, Governor Danny Inglis

#### Hannah Pajewski

District Webmaster

Greetings, Capital District!

I hope that you are having a wonderful end to the summer and a successful start to the new school year! I would like to thank everyone who has visited the Capital District's social media sites on Facebook, Twitter, Instagram, and Snapchat! We have hundreds of visitors to our capitalkeyclub.org website each month. The start of the school year

is a great time to share information on these sites with your members.

I have had so many different Key Club adventures since taking office in April. In July, I attended the Key Club International Convention in Atlanta where I learned many new tips to improve our social media accounts. (I also took a lot of photos – be sure to visit our website to see the ICON recap video!)

I hope to see many of you at our district's next big adventure - Fall Rally! In the meantime, get out your cameras and document all of the outstanding service projects taking place in your homes, schools, and communities. You may just find yourself profiled on our social media sites! We want to feature stories on the clubs and Key Clubbers who are going above and beyond to make a difference. Ask your Lt. Governor for more information on this new opportunity.

Yours in Service, Hannah Pajewski

Secretary Treasurer

Alekya Bheemreddy

Hi everyone!

My name is Alekya Bheemreddy and I'm absolutely elated to be serving as your 2016-2017 District Secretary-Treasurer! As a senior at

the Charter School of Wilmington, in Wilmington, DE, this will be my fourth year in Key Club. I look forward to communicating with all of you through periodic newsletters and updates for club secretaries and treasurers. If you ever have any questions please don't hesitate to contact me at bheemreddy.alekya@gmail.com! Hope to interact with many of you soon!

Yours in Service, Sec./Treas. Alekya Bheemreddy

#### Emma District Stone Editor

Hello Crabtastic Key Clubbers!

I am so grateful and excited to be serving you this year as your District Editor. As Editor, I will create these publications for your benefit. I want to inform you on every aspect of club, District,

and International happenings! I am a Senior at Millbrook High School in Winchester, VA. Outside of Key Club, I am the editor of my high school year-book, a member of concert choir, Future Business Leaders of America and I love photography! I am all over social media, so please follow me and say hi! Email me any questions you may have at emmaestone428@gmail.com. I am so excited to get to know some of you better. See you at Fall Rally!

Yours in Service, Emma Stone

# FALL RALLY OKINGS POMINION Join us on October 15 \$40 per person\*

Sign up to join the fun here:

https://fs11.formsite.com/CapitalKeyClub/FallRally/index.html

#### Why should you come?

- Meet passionate Key Clubbers like yourself
- Learn about our new District Project,
   Children's Miracle Network
- Have the opportunity to ask questions about Key Club
- Ride roller coasters with friends

Too far away?

Kings Dominion
has dorms for
\$120 a night for
10 people. Let us
know if you are
interested!

\*\$5 with seasonal pass

# Back to School

- It's that time of year again! Many of you crabtastic stu-
- dents are heading back to school, or have already been
- •in school for a couple of weeks. Among the tests, quizzes, ond endless projects, find time for service!

#### Project Ideas:

#### -Spirit wear

Members needed: 2+

Design and produce school spirit apparel and sell it to your student body for a discount price. Offering attractive tees, sweats and more can raise virtually unlimited funds for your club's favorite charity.

#### - School supply drive

Members needed: 1+

Your club can host a drive to collect new or gently used supplies at the beginning and end of each school year to then be donated in bulk to a local elementary school, since they'll know how to distribute them best.



# Highlights

#### Sumaiyah Munshi



Sumaiyah is the President of the Key Club at Robert E. Lee High School. Originally from Hayfield Secondary, Sumaiyah took on a leadership role at Robert E. Lee since her shool did not have a Key Club. She has increased Kiwanis Family relations by reaching out to her local Kiwanis Club of Alexandria.

#### **Nick Leahy**

Nick Leahy is from winters mill high school in division 7B. He joined key club as a freshman and will be attending his fourth DCON this March. Nick has served as his club Vice President twice and has also attended ICON 2016 in Atlanta Georgia. Nick has dedicated many hours to serving his homes, schools, and communities by volunteering at a retirement home, raising money for leukemia research and more!



# Vision Partners & Co Sponsors

By: District
SecretaryTreasurer Alekya
Bheemreddy

### What is a Vision Partner? A vision partner is a company that shares the same mission as Key Club.

Key Club's Vision Partners receive:

- Promotional rights and benefits that will drive business and awareness for your company
- Access to Key Club members
- A Key Club-related message for the general public
- A showcase for your company's involvement with, and support of, Key Club's mission
- Exclusive differentiation opportunities

Key Club's vision partner, Nickelodeon, inspires kids to take initiative and make a difference in their communities. Through "The Big Help" and "Worldwide Day of Play," kids and adults collaborate to plan events concerning: health & wellness, education, service, and the environment.

For more information visit: http://www.keyclub.org/discover/Our\_ Partners/Vision\_partner.aspx

## What is a Co-Sponsor? A company that supports Key Club in order to receive support in return.

Key Club's Co-Sponsors receive:

- -High-level, year-round recognition
- -The opportunity to build awareness and relevance
- Access to the Key Club audience

Key Club's Co-Sponsor, Rustic Pathways, aims to design superior quality community service, education, and adventure programs. It believes that cultural and international immersion are critical components to any global education. Key Club International has joined Rustic Pathways to offer Key Clubbers the opportunity to take part in inspiring service programs around the world!

For more information visit: http://www.keyclub.org/discover/Our\_Partners/KeyC

#### Preferred Charities

What is a Key Club preferred charity? A partnering organization that commits to providing Key Club with various in-kind promotion and access benefits.

In exchange, they are recognized as a Preferred Charity, and Key Club International will encourage local club support via fundraising and service projects.

- Children's Miracle Network Hospitals: Key Club members participate in service projects at their local children's hospital and organize fundraisers to donate to these hospitals.





By: District
SecretaryTreasurer Alekya
Bheemreddy

- The Thirst Project: Fighting to end the global water crisis, this project fundraises to build wells to provide clean drinking water to third world countries.

- March of Dimes:
Key Club members
raise thousands
of dollars annually through various
programs, including
collecting change,
holding dances and
taking part in March
of Dimes' signature
event, March for Babies.





- UNICEF: Key Clubbers participate in "Trick-or-Treat" for UNICEF and over the years has raised nearly US\$5 million for iodine deficiency programs worldwide and HIV and AIDS programs in Kenya and Swaziland. Now it's helping The Eliminate Project to help eliminate Maternal and Neonatal Tetanus from the face of the earth.

International Convention

Recap

By: Webmaster Hannah Pajewski



International Convention in Atlanta, Georgia was an eye opening experience for all Key Club members from the Capital District.

We arrived in Atlanta, Georgia in the morning around 10 am after a long bus ride. Some of us boarded the bus in College Park, Maryland and others in Richmond, Virginia. On the first day we had until 5 o'clock for free time then we had to be back at the hotel for the Opening Ceremony. It was suggested that we either go to the Georgia Aquarium or the Coca-Cola Factory. Many chose to walk down to the Georgia Aquarium where they were able to see many different exhibits and a dolphin show. After our free time was over, we joined together to attend the Opening Ceremony, where we were informed about the expectations of Key Clubbers at ICON, who the candidates for International Office were, who all of the District Governors were and Key Club International's NEW service partner, The Thirst Project.

The convention lasted for a total of four days, where we attended caucuses, workshops, icebreakers, dances, ceremonies and group speaking events.

After the convention ended we had one more day in Atlanta where we had the opportunity to go to the Natural History Museum, the Zoo and either the Georgia Aquarium or the Coca-Cola factory depending which we had not seen!



#### District Convention

#### Recap

By: Division 8 Lieutenant Governor Caelin Bennett

This year's Capital District Convention took place in Baltimore, Maryland from March 11th to 13th. Mythology was the chosen theme, and Key Clubbers took the opportunity to show off their creative costumes. Some came as gods and goddesses, while others came as characters from various mythologies. After Key Clubbers arrived and settled into their rooms on Friday evening, they headed to the ballroom in costume to attend the opening ceremony. There, several members of the Capital District Board, as well as CKI Governor Matthew Johnson and Keynote speaker Scott Backovich, took the stage and spoke to Key Clubbers about school and leadership. Once the opening ceremony ended, attendees could either get an early night's sleep, or sing their hearts out at karaoke. On Saturday, Key Clubbers attended their choice of a wide variety of workshops. The options ranged from workshops on public speaking, to fundraising and planning service projects, to informational officer workshops. Campaigning for district office also took place during workshops. With some free time between the second and third workshops, Key Clubbers were able to eat lunch and spend some time in the Inner Harbor. After workshops, Key Clubbers donned their nicest suits and dresses and attended the awards banquet. There, dinner was served and awards were given to distinguished and outstanding officers and winning projects, as well as outstanding clubs and advisors. Following the banquet was a dance filled with loud music, lights, and tons of fun. The dance was a great time for Key Clubbers to bond and make new friends, and enjoy the last night of DCON. Breakfast was served bright and early Sunday morning, and after enjoying the variety of breakfast options, Key Clubbers once again headed to the ballroom. This time, for the closing ceremony. After the announcement and induction of the new District Board and some heartfelt goodbyes, attendees headed home another amazing District Convention.

# Youth Opportunies Fund

By: Division
7A Lieutenant
Governor Anna
Sepanic

# KEY CLUB®

The Youth Opportunities Fund is a great way to get a big idea of yours done! By applying, you are eligible to receive a grant that

ing, you are eligible to receive a grant that

will cover at least a portion of your big, cra-

zy idea to serve your community! Applica-

tions are due by October 15, so hurry and get

your application in so that you can change

\*the world, one awesome service project at a

\*time!

Apply Now on keyclub.org Under: Serve>Fundraising>Youth Opportunities Fund>Apply for a YOF grant

# November is Kiwanis Family Month!

Kiwanis Family Month

- During the month of November, every branch of the Kiwan-
- •is Family comes together to enjoy fellowship and the joy of
- service. Reach out to your sponsoring Kiwanis, local Aktion Club, K-Kids, Builders Club, Terrific Kids, BUG, or Circle K to get

involved!

#### How to Get Involved:

- Invite members of Kiwanis' sponsored leadership programs (K-Kids, Builders Club, Key Club, Circle K International and Aktion Club) to attend or lead a Key club meeting.
- Clean-up a street or park.
- Hold a pancake breakfast or dinner for a
- Volunteer for or collect, pack and deliver canned food to a food bank.
- Create thank-you cards/gifts for law enforcement officers or firemen.
  Create care packages or write letters to those serving in the military.

# Thank You!

#### Closing

- Thank you so much for reading my first publication of
- the Capital Key as Capital District Editor, I have so many •
- other ideas that I cannot wait to bring to this publica-
- tion and continue to serve the rest of you all in the Cap-
- ital District. See you soon!
- District Editor Emma



#### International Trustee Introduction

- Greetings and salutations, Capital District!
- My name is Audrey Dilgarde and I am honored to introduce myself as your International Trustee for the 2016-2017 year.
- This year, I have the pleasure of serving the Capital, Montana, and Michigan Districts!
- •This means that these three Districts are "Sister Districts," and will be in communication with each other throughout the year.
- As a Trustee, my responsibilities span from acting as a liaison between the Capital District
- Board and the International Board, representing the opinions of your District at the International Level, and serving on a committee and carrying out its directives.
- •If you have any questions, please feel free to reach out to me. You can either add me on social media (@audiggs) or email me at audreydilgarde.kci@gmail.com.
- This is going to be a great and exciting service year for the Capital District, and I can't
- wait to meet you all at Capital's 2017 District Convention!
- Yours in service and friendship,
   Audrey Dilgarde
- Key Club International Trustee